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THE TASTE OF THE SOUTH SHORE

October 2021



TO BENEFIT THE SOUTH SHORE YMCA



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Good Luck Chefs!

WELCOME!

On behalf of the entire South Shore YMCA team and the thousands of children, adults, seniors and families we serve, it is our honor to welcome you the 25th annual Taste of the South Shore. Thank you for joining us in person or online to celebrate the mission and impact of the Y, and for your generous support of our life-changing programs.

This year, as we emerge from the pandemic and continue through uncertain times, your support at The Taste will benefit our South Shore YMCA Holiday Assistance Program and Food Pantry. Together, you'll help the Y to serve thousands of families and children through warm clothing, access to nutritious food, opportunities to participate in Y programs, camps and membership, and of course, providing holiday gifts and meals to families who need our help throughout the holiday season.

Thank you for your continued support.

Paul J. Gorman
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South Shore YMCA



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About the South Shore YMCA

The South Shore Y is where the better you belongs.

The Y exists to help you strengthen your spirit, mind and body – helping you reach your full potential in life to become the “better you.”

With vibrant community centers across the region, the South Shore YMCA proudly serves the communities of Braintree, Cohasset, Hanover, Hingham, Hull, Holbrook, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth and beyond.

We are far more than buildings and equipment and pools and classrooms and camps – which we work to expand and improve every day. We are a community of people who share the same values and philosophy. We don't just believe you have the will and the ability to be better tomorrow; we know it.

There is a better you waiting impatiently inside of you. Time to let it out, and let it belong.

SOUTH SHORE YMCA. The Better You Belongs Here.

Visit us at ssymca.org to learn how you can belong at the Y.



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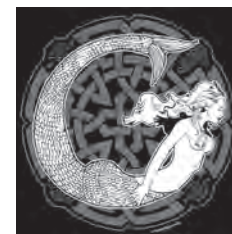
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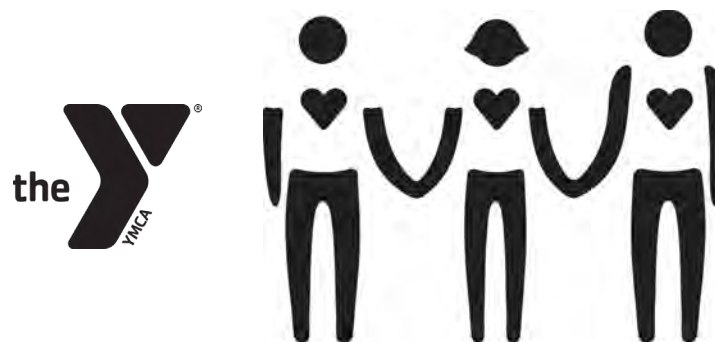
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- Franklin D. Roosevelt



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Working together with volunteers and staff from businesses like State Street and Meditech, each year our Y appeals to our extended community to join in and adopt families, purchase wish list gifts, or donate dollars to provide gifts of opportunity at the Y -- such as swim lessons, Y camps, and membership scholarships -- to keep kids active and engaged beyond the holiday season.

The giving begins with the holiday season, but the need for assistance continues all year long. Your support helps our food pantry to provide nourishment to our neighbors year-round, and deliver meals to those who are isolated and homebound.



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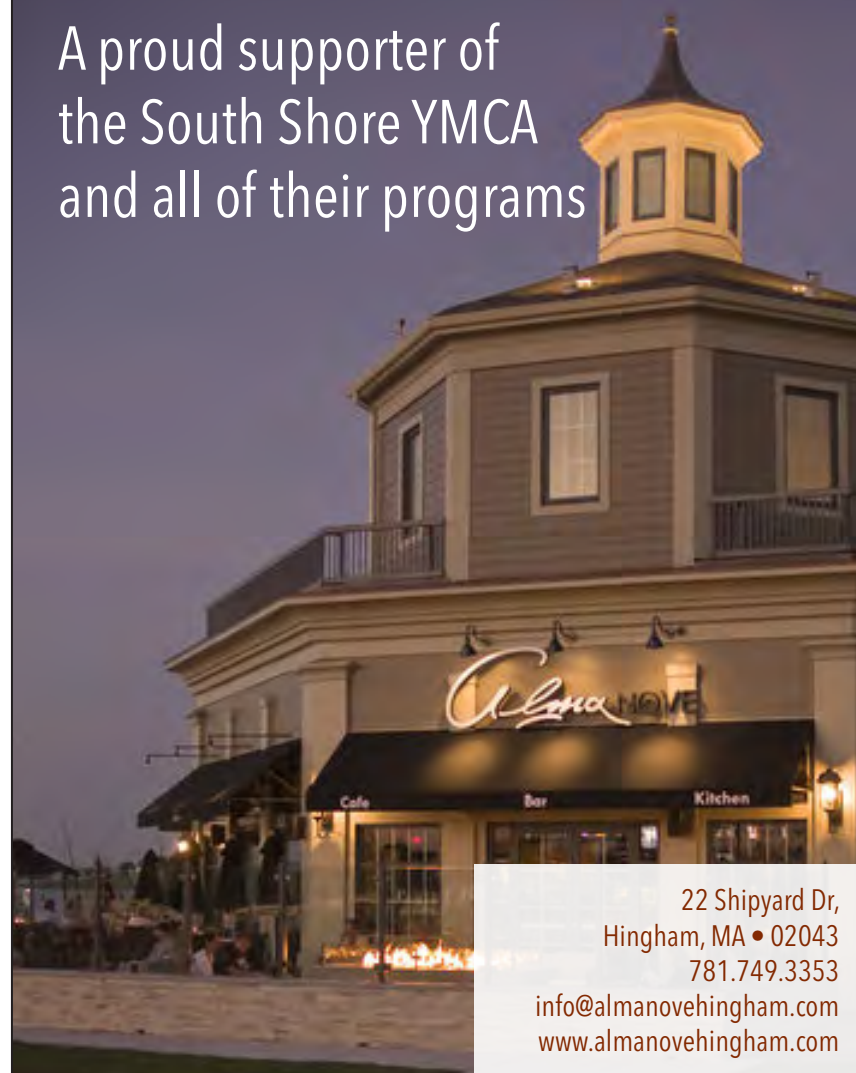
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SOUTH SHORE YMCA HOLIDAY MEALS



Each year, the South Shore YMCA kicks off its Holiday Assistance Program by partnering with Chef Paul Wahlberg and his Alma Cares organization to package and distribute over 1700 donated Thanksgiving meals to help local seniors, individuals and families facing food insecurity.

With higher unemployment due to the pandemic, more people find themselves in need of food assistance, especially during the holiday season and colder winter months.

We could not continue to fully serve the community each week at our food pantry without the community's help. Thank you for your support at The Taste of the South Shore, and please consider donating to our Holiday Assistance Program at ssymca.org/donate to make the holidays brighter for all.

 **Serving our community together**
SSYMCA.ORG/DONATE



SOUTH SHORE YMCA FOOD PANTRY

Serving our community together

As the community responds to the COVID-19 pandemic, the South Shore YMCA is here to support our most vulnerable neighbors by keeping our Food Pantry doors open and our shelves stocked. Today, the need for nutritious food services for children, seniors and adults facing food insecurity has increased exponentially, and our food pantry lines are longer than ever. Help support these essential services by making an online donation to the South Shore YMCA Food Pantry.

Please help our Y to ensure that no one in our community goes hungry, especially during the holiday season.

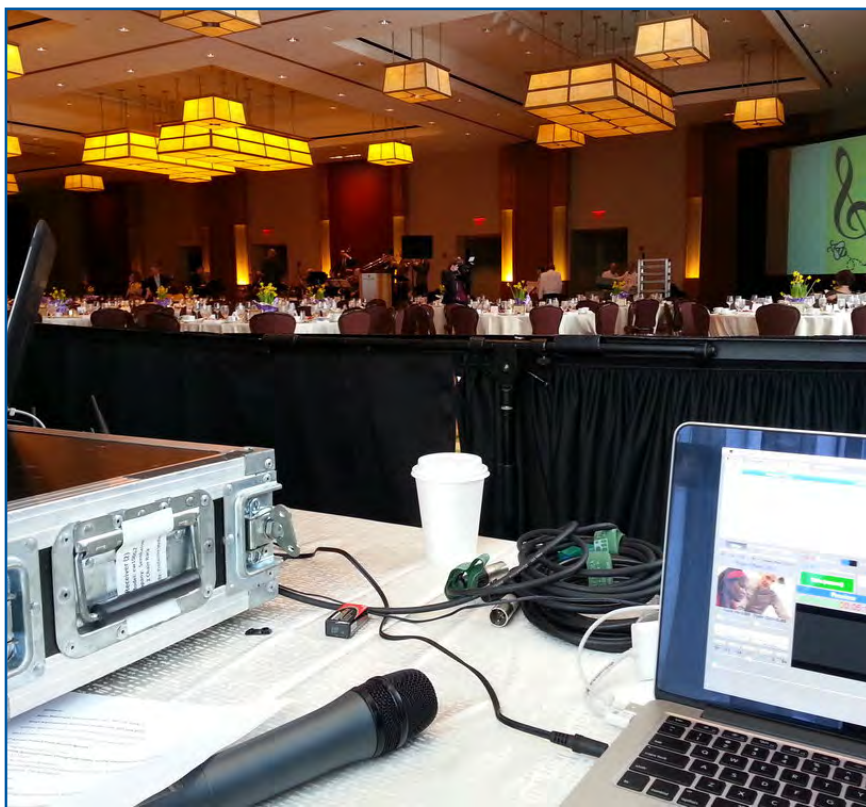
- Make a cash donation (by check or online) to the SSYMCA Germantown Neighborhood Center Food Pantry
- Donate Gift Cards from local supermarkets
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