



## SSYMCA Family Membership Activities EMILSON | September

| Sun                                                                                                            | Mon                                                                                                                                                                                                 | Tue                                                                                         | Wed                                                                                                                                | Thu                                                                                    | Fri                                                                                                                                    | Sat                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                | <b>1</b><br><b>Happy Labor Day!</b><br><br>The SSYMCA is closed                                                                                                                                     | <b>2</b> <ul style="list-style-type: none"><li>• Ping Pong 1:30-3:30 (Playroom)</li></ul>   | <b>3</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Family gym time 12:15p-2pm (gym)</li></ul>  | <b>4</b> <ul style="list-style-type: none"><li>• Open Pickleball 6-9p (gym)</li></ul>  | <b>5</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Drop-in Ping Pong 1:30-3:30 playroom</li></ul>  | <b>6</b> <ul style="list-style-type: none"><li>• Family Yoga 10:15a</li><li>• Lobby Art and Crafts</li><li>• Bounce House 12:30-2p</li><li>• Family Farm Time – 10am-12pm</li></ul>  |
| <b>7</b> <ul style="list-style-type: none"><li>• Drop-in Ping Pong 2-4p</li><li>• Bounce House 12-2</li></ul>  | <b>8</b> <ul style="list-style-type: none"><li>• Open Pickleball 8a-12p (gym)</li><li>• Family Gym Time 12:15p-2:00p</li><li>• Ping Pong 1:30-3:30 Playroom</li><li>• Family Pound 6:30p</li></ul>  | <b>9</b> <ul style="list-style-type: none"><li>• Ping Pong 1:30-3:30 (Playroom)</li></ul>   | <b>10</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Family gym time 12:15p-2pm (gym)</li></ul> | <b>11</b> <ul style="list-style-type: none"><li>• Open Pickleball 6-9p (gym)</li></ul> | <b>12</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Drop-In Ping Pong 1:30-3:30p</li></ul>         | <b>13</b> <ul style="list-style-type: none"><li>• Family Yoga 10:15a</li><li>• Lobby Art and Crafts</li><li>• Bounce House 12:30-2p</li><li>• Family Farm Time – 10am-12pm</li></ul> |
| <b>14</b> <ul style="list-style-type: none"><li>• Drop-in Ping Pong 2-4p</li><li>• Bounce House 12-2</li></ul> | <b>15</b> <ul style="list-style-type: none"><li>• Open Pickleball 8a-12p (gym)</li><li>• Family Gym Time 12:15p-2:00p</li><li>• Ping Pong 1:30-3:30 Playroom</li><li>• Family Pound 6:30p</li></ul> | <b>16</b> <ul style="list-style-type: none"><li>• Ping Pong 1:30-3:30p (Playroom)</li></ul> | <b>17</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Family gym time 12:15p-2pm (gym)</li></ul> | <b>18</b> <ul style="list-style-type: none"><li>• Open Pickleball 6-9p (gym)</li></ul> | <b>19</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Drop-in Ping Pong 1:30-3:30 playroom</li></ul> | <b>20</b> <ul style="list-style-type: none"><li>• Family Yoga 10:15a</li></ul>                                                                                                       |
| <b>21</b> <ul style="list-style-type: none"><li>• Drop-in Ping Pong 2-4p</li><li>• Bounce House 12-2</li></ul> | <b>22</b> <ul style="list-style-type: none"><li>• Open Pickleball 8a-12p (gym)</li><li>• Family Gym Time 12:15p-2:00p</li><li>• Ping Pong 1:30-3:30 Playroom</li><li>• Family Pound 6:30p</li></ul> | <b>23</b> <ul style="list-style-type: none"><li>• Ping Pong 1:30-3:30p (Playroom)</li></ul> | <b>24</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Family gym time 12:15p-2pm (gym)</li></ul> | <b>25</b> <ul style="list-style-type: none"><li>• Open Pickleball 6-9p (gym)</li></ul> | <b>26</b> <ul style="list-style-type: none"><li>• Open Pickleball 8-12p (gym)</li><li>• Drop-in Ping Pong 1:30-3:30 Playroom</li></ul> | <b>27</b> <ul style="list-style-type: none"><li>• Family Yoga 10:15a</li><li>• Lobby Art and Crafts</li><li>• Bounce House 12:30-2p</li><li>• Family Farm Time – 10am-12pm</li></ul> |
| <b>28</b> <ul style="list-style-type: none"><li>• Drop-in Ping Pong 2-4p</li><li>• Bounce House 12-2</li></ul> | <b>29</b> <ul style="list-style-type: none"><li>• Open Pickleball 8a-12p (gym)</li><li>• Family Gym Time 12:15p-2:00p</li><li>• Ping Pong 1:30-3:30 Playroom</li><li>• Family Pound 6:30p</li></ul> | <b>30</b> <ul style="list-style-type: none"><li>• Ping Pong 1:30-3:30p Playroom</li></ul>   |                                                                                                                                    |                                                                                        |                                                                                                                                        |                                                                                                                                                                                      |

### SSYMCA NATURE CENTER and FAMILY FARM FUN & FREE ACTIVITIES

- **Our Nature Center is open Mon-Fri 9a-12p,**
- **Nature Trails are open and free to use Dawn till Dusk 7 days a week!**
- **Our Family Farm is open and free to use Saturday's 10a-12pm**

### FAMILY FUN AT THE SOUTH SHORE Y!

- Kids Night Out (\$): 9/12 and 9/26 Registration Required
- View Upcoming events at [ssymca.org/events](https://ssymca.org/events)
- Open & Family Swim: [ssymca.org/schedules](https://ssymca.org/schedules)
- Playroom Hours: [ssymca.org/playroom](https://ssymca.org/playroom)
- Our Outdoor Playground will be open to all SSYMCA Members starting Monday September 15th
- Visit [ssymca.org/events/corn-festival](https://ssymca.org/events/corn-festival) for more information on our Annual Corn Festival 9.20.25, 10a-4p  
Members – \$10 for individual \$40 the family  
Non-members \$20/\$50