

# staystrong

## Strength & Support of the YMCA

Staystrong is the South Shore YMCA's free, year-long support program for cancer patients, survivors and families. Thanks to the generous support of donors, this program is offered at no cost to participants.

The YMCA understands the overwhelming challenges families face when dealing with a cancer diagnosis. As a trusted community leader in health and well-being, the Y believes we can make a dramatic impact to improve lives in our community through our Staystrong program.

A collaborative community program providing essential daily living support to cancer patients, cancer survivors, their caregivers and household family members - spirit, mind & body.



## Who Can Benefit?

Anyone diagnosed with cancer who has undergone cancer treatment within the past 12 months, their household family members and caregivers.

## Program Features

### Membership & Program Benefits

- Free 12-month South Shore YMCA membership
- Preferred pricing and registration on Y programs

### Childcare and Family Activities

- Drop-in babysitting for parents during treatment and appointments in our Playroom
- Y family-focused activities and education

### Health, Fitness & Nutritional Support

- Personalized FitCommit physical activity plan
- Access to SSYMCA Food Pantry

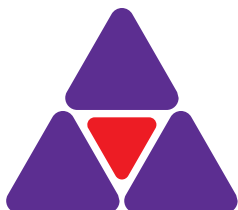
### Complimentary Summer Camp

- Free week of traditional Summer Day Camp for children whose parent or caregiver is undergoing treatment

Visit | [ssymca.org/staystrong](http://ssymca.org/staystrong)

### CONTACT

Staystrong Medical Wellness Team  
857-403-4708  
[staystrong@ssymca.org](mailto:staystrong@ssymca.org)



staystrong

SOUTH SHORE YMCA. The Better You Belongs Here | [ssymca.org/staystrong](http://ssymca.org/staystrong)



# Staystrong Sponsorship Opportunities

Our community needs this program. Providing your support will ensure that thousands of people can reclaim their lives with renewed hope and strength in spirit, mind and body.

## Premier Sponsor – \$50,000

- Exposure on year-round Y communications
- Logo and recognition on Staystrong website
- Plus sponsor benefits below

## Spirit Sponsor – \$5,000

- Invitation to President's Club receptions and events throughout the year
- Plus sponsor benefits below

## Staystrong Sponsor – \$25,000

- Special donor spotlight in newsletters and eblasts
- Featured in Y social media event promotion
- Logo recognition on Staystrong participant guide and materials
- Plus sponsor benefits below

## Business Sponsor – \$2,500

- Logo on October Staystrong Class Poster
- Giveaways included in gift bag

## Community Sponsor – \$10,000

- Logo on Banner in Y branch for a year
- Logo on Poster in the branches
- Plus sponsor benefits below

## Benefit Sponsor – \$1,000

- Listing on October Staystrong Class Poster

**YES!** we will sponsor Staystrong with an annual pledge of \$ \_\_\_\_\_

☐ Personal Donation    ☐ Donation from Company

Company Name (if applicable): \_\_\_\_\_

Contact Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Please accept this donation ☐ in honor of: \_\_\_\_\_ ☐ in memory of: \_\_\_\_\_

Please list this gift in publications from: \_\_\_\_\_

Payment method: Cash \_\_\_\_\_ Check (payable to the South Shore YMCA) \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp: \_\_\_\_\_

Donor's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Thank you!**

Please return this card to

South Shore YMCA, Development Department, 79 Coddington St. Quincy, MA 02169

Campaigner: \_\_\_\_\_ Source: \_\_\_\_\_ Dev Date/Initials: \_\_\_\_\_ Finance Date/Initials: \_\_\_\_\_