



SSYMCA Family Membership Activities EMILSON | November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm
2 • Drop-in Ping Pong 2-4p • Bounce House 12-2	3 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30-3:30 Playroom • Family Pound 6:30p	4 • Ping Pong 1:30-3:30 (Playroom)	5 • Open Pickleball 8-12p (gym) • Family gym time 12:15p-2pm (gym)	6 • Open Pickleball 6-9p (gym)	7 • Open Pickleball 8-12p (gym) • Drop-In Ping Pong 1:30-3:30p	8 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm
9 • Drop-in Ping Pong 2-4p • Bounce House 12-2	10 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30-3:30 Playroom • Family Pound 6:30p	11 • Ping Pong 1:30-3:30p (Playroom)	12 • Open Pickleball 8-12p (gym) • Family gym time 12:15p-2pm (gym)	13 • Open Pickleball 6-9p (gym)	14 • Open Pickleball 8-12p (gym) • Drop-in Ping Pong 1:30-3:30 playroom	15 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm
16 • Drop-in Ping Pong 2-4p • Bounce House 12-2	17 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30-3:30 Playroom • Family Pound 6:30p	18 • Ping Pong 1:30-3:30p (Playroom)	19 • Open Pickleball 8-12p (gym) • Family gym time 12:15p-2pm (gym)	20 • Open Pickleball 6-9p (gym)	21 • Open Pickleball 8-12p (gym) • Drop-in Ping Pong 1:30-3:30 Playroom	22 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm
23 • Drop-in Ping Pong 2-4p • Bounce House 12-2	24 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30-3:30 Playroom • Family Pound 6:30p	25 • Ping Pong 1:30-3:30p Playroom	26 • Open Pickleball 8-12p (gym) • Family gym time 12:15p-2pm (gym)	27 Happy Thanksgiving!!	28 • Open Pickleball 8-12p (gym) • Drop-in Ping Pong 1:30-3:30 Playroom	29 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm
30 Drop-in Ping Pong 2-4p Bounce House 12-2						

SSYMCA NATURE CENTER and FAMILY FARM FUN & FREE ACTIVITIES

- **Cranberry Day! Saturday Oct. 8th @ our SS Nature Center**
- **Our Nature Center is open Mon-Fri 9a-12p**
- **Nature Trails are open and free to use Dawn till Dusk 7 days a week!**
- **Our Family Farm is open and free to use Saturday's 10a-12pm**

FAMILY FUN AT THE SOUTH SHORE Y!

- **Kids Night Out (\$): 11/? + 11/? Registration Req. **New Date! Now Saturdays!****
- **View Upcoming events at ssymca.org/events**
- **Open & Family Swim: ssymca.org/schedules**
- **Playroom Hours: ssymca.org/playroom**
- **Our Outdoor Playground is open to all SSYMCA Members**

All offerings subject to change without notice. Contact the Welcome Center desk for details. | As of October 1st, 2025,
*Denotes Offsite Location and or Paid Programing from Emilson YMCA, 75 Mill St, Hanover, MA