



# SSYMCA Family Membership Activities

## EMILSON | January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Open Pickleball 6-9p (gym)	2 • Open Pickleball 8-12p (gym) • Drop-in Ping Pong 1:30-3:30 playroom	3 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm • Drop in Pickleball & Tennis 6-7:45pm
4 • Drop-in Ping Pong 1-3p • Bounce House 12-2 • Drop in Pickleball & Tennis 6- 7:45pm	5 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30- 3:30 Playroom • Family Pound 6:30p	6 • Ping Pong 1:30-3:30 (Playroom)	7 • Open Pickleball 8- 12p (gym) • Family gym time 12:15p- 2pm (gym)	8 • Open Pickleball 6-9p (gym)	9 • Open Pickleball 8-12p (gym) • Drop-in Ping Pong 1:30-3:30 playroom	10 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm • Drop in Pickleball & Tennis 6-7:45pm
11 • Drop-in Ping Pong 1-3p • Bounce House 12-2 • Drop in Pickleball & Tennis 6- 7:45pm	12 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30- 3:30 Playroom • Family Pound 6:30p	13 • Ping Pong 1:30-3:30p (Playroom)	14 • Open Pickleball 8- 12p (gym) • Family gym time 12:15p- 2pm (gym)	15 • Open Pickleball 6-9p (gym)	16 • Open Pickleball 8-12p (gym) • Drop-in Ping Pong 1:30-3:30 playroom	17 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm • Drop in Pickleball & Tennis 6-7:45pm
18 • Drop-in Ping Pong 1-3p • Bounce House 12-2 • Drop in Pickleball & Tennis 6- 7:45pm	19 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30- 3:30 Playroom • Family Pound 6:30p	20 • Ping Pong 1:30-3:30p (Playroom)	21 • Open Pickleball 8- 12p Gym • Family gym time 12:15p- 2pm (gym)	22 Open Pickleball 6-9p (gym)	23 • Open Pickleball 8-12p (gym) • Drop-in Ping Pong 1:30-3:30 Playroom	24 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm • Drop in Pickleball & Tennis 6-7:45pm
25 • Drop-in Ping Pong 1-3p • Bounce House 12-2 • Drop in Pickleball & Tennis 6- 7:45pm	26 • Open Pickleball 8a-12p (gym) • Family Gym Time 12:15p-2:00p • Ping Pong 1:30- 3:30 Playroom • Family Pound 6:30p	27 • Ping Pong 1:30-3:30p Playroom	28 • Open Pickleball 8- 12p (gym) • Family gym time 12:15p- 2pm (gym)	29 Open Pickleball 6-9p (gym)	30 • Open Pickleball 8-12p (gym) Drop-in Ping Pong 1:30-3:30 Playroom	31 • Family Yoga 10:15a • Lobby Art and Crafts • Bounce House 12:30-2p • Family Farm Time – 10am-12pm Drop in Pickleball & Tennis 6-7:45pm

### SSYMCA NATURE CENTER and FAMILY FARM FUN ACTIVITIES

- Nature Trails are open and free to use Dawn till Dusk 7 days a week!
- Turtle Tales Storytime at the Nature Center: Thursdays: Jan 8, 15, 22, and 29 from 9:30 – 10:30am\*
- Kids Nature Night Out on Friday, Jan 30 from 5 to 8pm\*
- Register and View all upcoming Nature Center programs & events at <https://ssymcanaturecenter.org/events/>

### FAMILY FUN AT THE SOUTH SHORE Y!

- Teens Night Out Friday January ?
- View Upcoming events at [ssymca.org/events](http://ssymca.org/events)
- Open & Family Swim: [ssymca.org/schedules](http://ssymca.org/schedules)
- Playroom Hours: [ssymca.org/playroom](http://ssymca.org/playroom)
- Our Outdoor Playground is open to all SSYMCA Members

All offerings subject to change without notice. Contact the Welcome Center desk for details. | As of December 1<sup>st</sup>, 2025,

\*Denotes Offsite Location and or Paid Programming from Emilson YMCA, 75 Mill St, Hanover, MA