



# SSYMCA Family Membership Activities EMILSON | February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <ul style="list-style-type: none"> <li>Drop-in Ping Pong 1-3p</li> <li>Bounce House 12-2</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>	2 <ul style="list-style-type: none"> <li>Open Pickleball 8a-12p (gym)</li> <li>Family Gym Time 12:15p-2:00p</li> <li>Ping Pong 1:30-3:30 Playroom</li> <li>Family Pound 6:30p</li> </ul>	3 <ul style="list-style-type: none"> <li>Ping Pong 1:30-3:30p Playroom</li> </ul>	4 <ul style="list-style-type: none"> <li>Open Pickleball 8-12p (gym)</li> <li>Family gym time 12:15p-2pm (gym)</li> </ul>	5 <ul style="list-style-type: none"> <li>Open Pickleball 6-9p (gym)</li> </ul>	6 <ul style="list-style-type: none"> <li>Open Pickleball 8-12p (gym)</li> <li>Drop-in Ping Pong 1:30-3:30 playroom</li> </ul>	7 <ul style="list-style-type: none"> <li>Family Yoga 10:15a</li> <li>Lobby Art and Crafts</li> <li>Bounce House 12:30-2p</li> <li>Family Farm Time - 10am-12pm</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>
8 <ul style="list-style-type: none"> <li>Drop-in Ping Pong 1-3p</li> <li>Bounce House 12-2</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>	9 <ul style="list-style-type: none"> <li>Open Pickleball 8a-12p (gym)</li> <li>Family Gym Time 12:15p-2:00p</li> <li>Ping Pong 1:30-3:30 Playroom</li> <li>Family Pound 6:30p</li> </ul>	10 <ul style="list-style-type: none"> <li>Ping Pong 1:30-3:30 (Playroom)</li> </ul>	11 <ul style="list-style-type: none"> <li>Open Pickleball 8-12p (gym)</li> <li>Family gym time 12:15p-2pm (gym)</li> </ul>	12 <ul style="list-style-type: none"> <li>Open Pickleball 6-9p (gym)</li> </ul>	13 <ul style="list-style-type: none"> <li>Open Pickleball 8-12p (gym)</li> <li>Drop-in Ping Pong 1:30-3:30 playroom</li> </ul>	14 <ul style="list-style-type: none"> <li>Family Yoga 10:15a</li> <li>Lobby Art and Crafts</li> <li>Bounce House 12:30-2p</li> <li>Family Farm Time - 10am-12pm</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>
15 <ul style="list-style-type: none"> <li>Drop-in Ping Pong 1-3p</li> <li>Bounce House 12-2</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>	16 <ul style="list-style-type: none"> <li>Open Pickleball 8a-12p (Tennis Courts)</li> <li>Family Gym Time 12:30p-2:00p</li> <li>Cookie Decorating 1pm</li> <li>Ping Pong 1:30-3:30 Playroom</li> <li>Family Pound 6:30p</li> </ul>	17 <ul style="list-style-type: none"> <li>Family Gym Time 12:30p-2:00p</li> <li>Ping Pong 1:30-3:30p (Playroom)</li> </ul>	18 <ul style="list-style-type: none"> <li>Family Gym Time 12:30p-2:00p</li> <li>Open Pickleball 8-12p (Tennis Courts)</li> </ul>	19 <ul style="list-style-type: none"> <li>Family Gym Time 12:30p-2:00p</li> <li>Open Pickleball 6-9p (Tennis Courts)</li> <li>Hot Cocoa Bar 12-2pm</li> </ul>	20 <ul style="list-style-type: none"> <li>Open Pickleball 8-12p (Tennis Courts)</li> <li>Drop-in Ping Pong 1:30-3:30 playroom</li> </ul>	21 <ul style="list-style-type: none"> <li>Family Yoga 10:15a</li> <li>Lobby Art and Crafts</li> <li>Bounce House 12:30-2p</li> <li>Family Farm Time - 10am-12pm</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>
22 <ul style="list-style-type: none"> <li>Drop-in Ping Pong 1-3p</li> <li>Bounce House 12-2</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>	23 <ul style="list-style-type: none"> <li>Open Pickleball 8a-12p (gym)</li> <li>Family Gym Time 12:15p-2:00p</li> <li>Ping Pong 1:30-3:30 Playroom</li> <li>Family Pound 6:30p</li> </ul>	24 <ul style="list-style-type: none"> <li>Ping Pong 1:30-3:30p (Playroom)</li> </ul>	25 <ul style="list-style-type: none"> <li>Open Pickleball 8-12p Gym</li> <li>Family gym time 12:15p-2pm (gym)</li> </ul>	26 <ul style="list-style-type: none"> <li>Open Pickleball 6-9p (gym)</li> </ul>	27 <ul style="list-style-type: none"> <li>Open Pickleball 8-12p (gym)</li> <li>Drop-in Ping Pong 1:30-3:30 Playroom</li> </ul>	28 <ul style="list-style-type: none"> <li>Family Yoga 10:15a</li> <li>Lobby Art and Crafts</li> <li>Bounce House 12:30-2p</li> <li>Family Farm Time - 10am-12pm</li> <li>Drop in Pickleball &amp; Tennis 6-7:45pm</li> </ul>

## SSYMCA NATURE CENTER & FAMILY FARM FUN ACTIVITIES

- Family farm fun volunteer Saturdays – 10am-12pm
- Turtle Tales Storytime at the SSYMCA Nature Center: Thursday, 2/9 9:30 - 10:30am\*
- Kids Nature Night Out on Friday, 2/27 from 5 to 8pm\*
- Register and View all upcoming Nature Center programs & events at <https://ssymcaturecenter.org/events/>

## FAMILY FUN AT THE SOUTH SHORE Y!

- View Upcoming events at [ssymca.org/events](https://ssymca.org/events)
- Open & Family Swim: [ssymca.org/schedules](https://ssymca.org/schedules)
- Playroom Hours: [ssymca.org/playroom](https://ssymca.org/playroom)
- Our Outdoor Playground is open to all SSYMCA Members
- Cookie Decorating on Monday 2/16 at 1pm
- Hot Cocoa Bar on Thursday 2/19 12-2pm

All offerings subject to change without notice. Contact the Welcome Center desk for details. | As of February 1<sup>st</sup>, 2026,  
\*Denotes Offsite Location and or Paid Programming from Emilson YMCA, 75 Mill St, Hanover, MA